

# Newsletter Edition 31 December 2020

## Christmas Donation Box

This month we ran a collection for the Chelmsford Foodbank to support those less fortunate than ourselves in our local community.

Every day people in the UK go hungry for reasons ranging from redundancy to receiving an



unexpected bill on a low income. A simple box of food makes a big difference.

Chelmsford Foodbank seeks to tackle food poverty and hunger in our local communities. Over 90% of the food distributed by

foodbanks in The Trussell Trust network is donated by the public – that's why your food donations are absolutely vital in order to give everyone in need a balanced and nutritious three day supply



### of food.

We have been completely overwhelmed by the generosity of patients and staff donating items and would like to thank you all for your support and kindness.

# Christmas Closure

We would like to make our patients aware of the dates the surgeries will be closed over the Festive period:

- Friday 25th December 2020 CLOSED
- Monday 28th December 2020 CLOSED
- Friday 1st January 2021 CLOSED

# Special Thank You

We would like to thank everyone who has purchased the beautiful reusable facemasks our receptionist Sue has been making. We can announce she has raised an amazing £710.04 for CRY (Cardiac Risk in the Young).

Thank you to everyone who has supported Sue by purchasing these masks and a huge well done and thank you to Sue for all your hard work, time and effort!

Please see below the link for an article about Kayleigh Griffiths who Sue has raised this money in memory of.

https://www.essexlive.news/news/essex-news/witham-family-who-lost-daughter-3902961

### Staff Cards and Gifts

We would like to thank you for the lovely cards and gifts that we have received this year. It is a wonderful treat for all the staff to receive – thank you.

#### Festive Display

We would like to send a special thank you to the children at Danbury Park School who created some amazing Christmas artwork for us to display in the waiting areas across our three surgeries. Well done and thank you.

#### Covid-19 Vaccinations

We are now offering our patients across all three surgeries the Covid-19 vaccination at Danbury Medical Centre.

We are following the Public Health England guidance and offering the vaccine to patients in cohorts. We are calling patients to book these appointments. **Please do not call or email the surgery to book**.

The vaccine is in two parts, the second vaccine being 21-28 days after the first. You will be given both appointment details when you are called.

Some patients have already received letters and texts to book in for both their vaccines at Basildon Hospital. Please note wherever you choose to have your first vaccination you must also have the second vaccination with the same provider. The surgery has no knowledge of the information regarding Basildon Hospital or regarding the booking system.

Following the current guidance if you have had an immediate and severe allergic reaction to any vaccine, medicine or food (anaphylaxis) unfortunately the current vaccine may not be safe for you.

We will continue to review safety information of the current and any future vaccines and you may be contacted again if a suitable and safe vaccine is available.

When we call you to book the vaccine you can ask any questions about allergies you have or on the day a clinician is available to answer your questions.

Please do not telephone or email the surgery asking advice about your allergies for your future vaccine as safety information may change.

Please see the website for further information. Thank you for being patient with us during this busy time.

We would like to wish all of our patients a very Merry Christmas and a Happy New Year!

